



Veille scientifique

Veille scientifique sur le bien-être et l'état de santé physique des
personnes réfugiées et en demande d'asile

Avril 2025



Toutes les références sont déposées dans une **BIBLIOTHÈQUE ZOTERO**

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LÉGENDE



Production portant principalement sur le contexte canadien ou québécois



Littérature grise

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ÉTAT ET BESOINS DE SANTÉ

Déterminants de la santé

À la base de l'état de santé des personnes se trouvent les déterminants de la santé, tels que les habitudes de vie, les expériences de la petite enfance, le logement, l'emploi, la discrimination, etc. On trouvera dans cette section également les facteurs de risque et de protection, soit l'ensemble des éléments en amont des difficultés physiques et mentales.

- Barazzetti, A., Milesi, S., Giordano, F., Noto, M. C., & Negri, A. (2025). Family and Peer Support Facilitates Recall and Retelling of Traumatic Memories in War Refugee Children and Adolescents. *International Journal of Environmental Research and Public Health*, 22(3), 328. <https://doi.org/10.3390/ijerph22030328>
- Boettcher, V. S., & Neuner, F. (2025). Posttraumatic stress among refugees: The moderating effect of perceived social support. *Journal of Migration and Health*, 11, 100323. <https://doi.org/10.1016/j.jmh.2025.100323>
- Dubois, N., & Giroux, I. (2025). Bidirectional Relationship Between Nutrition and Mental Health and Its Impact on the Health of Canadian Immigrants: An Integrative Review. *Healthcare*, 13(8), 850. <https://doi.org/10.3390/healthcare13080850>
- Ramadan, M., Shapiro, G. D., Yang, S., Ng, E., Vissandjée, B., & Vang, Z. M. (2025). Comparative analysis of perinatal health outcomes among refugee subgroups and economic immigrants in Canada (2000–2017). *PLOS ONE*, 20(4), e0321453. <https://doi.org/10.1371/journal.pone.0321453>
- Sandahl, H., Korshøj, M., Mortensen, O. S., & Carlsson, J. (2024). Increase in physical activity is associated with an increase in sleep efficiency, but not with improvement in symptoms of PTSD: analysis of longitudinal data in trauma-affected refugees. *Journal of Activity, Sedentary and Sleep Behaviors*, 3(1), 7. <https://doi.org/10.1186/s44167-024-00046-8>
- Sandsgård-Hilmarsen, E., Ree, E., Salamonsen, A., & Viksveen, P. (2025). Exploring mental health literacy among youths with background as asylum-seekers and refugees: a systematic review. *Frontiers in Psychiatry*, 16, 1538946. <https://doi.org/10.3389/fpsy.2025.1538946>
- Sarhan, M. B. A., Fujiya, R., Kiriya, J., Shibamura, A., Giacaman, R., & Jimba, M. (2025). Health literacy mediating the association between health information sources and oral health knowledge among Palestinian adolescent refugees: a cross-sectional study. *BMC Oral Health*, 25(1), 636. <https://doi.org/10.1186/s12903-025-05836-3>
- Spangaro, J., Spence, N., Man, N., Walsh, J., Cameron, J., Hegarty, K., ... Perry-Indermau, A. (2025). Intimate partner violence and post-migration stressors reported by refugee women accessing settlement services. *BMC Women's Health*, 25(1), 167. <https://doi.org/10.1186/s12905-025-03698-z>
- Ulum, Ö. G., Küçükaydın, M. A., & Ulum, H. (2025). Mental Health of Host and Refugee Youth in the Turkish Education System: The Role of Daily Material Stress, Well-Being, Social Support and Resilience. *Journal of Community Psychology*, 53(3), e70012. <https://doi.org/10.1002/jcop.70012>

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État de santé mentale

Cette section regroupe les articles qui traitent du bien-être et de l'état de santé mentale des personnes. Les articles sur les besoins psychologiques pourront être inclus ici également.

- Butter, S. E., Sabri, B., Hanson, G. C., & Campbell, J. C. (2024). Empowerment Moderates the Relationship Between Partner Abuse and Suicidal Ideation for Immigrant Women. *Journal of Psychosocial Nursing and Mental Health Services*, 62(9), 19–28. <https://doi.org/10.3928/02793695-20240308-01>
- Calzada-Calugay, R. de la, & Hanley, J. (2024). Homelessness and housing insecurity among im/migrants in Canada: A scoping review. *Canadian Journal of Urban Research*, 33(1), Article 1.
- Kirmayer, L. J. (2024). Science and sanity: A social epistemology of misinformation, disinformation, and the limits of knowledge. *Transcultural Psychiatry*, 61(5), 795–808. <https://doi.org/10.1177/13634615241296301>
- Rahme, E., Low, N. C. P., Lamarre, S., Turecki, G., Bonin, J.-P., Daneau, D., Habel, Y., Yung, E. C. C., Morin, S., Szkrumelak, N., Singh, S., Renaud, J., & Lesage, A. (2015). Attempted Suicide Among Students and Young Adults in Montreal, Quebec, Canada: A Retrospective Cross-Sectional Study of Hospitalized and Nonhospitalized Suicide Attempts Based on Chart Review. *The Primary Care Companion for CNS Disorders*, 17(5), 10.4088/PCC.15m01806. <https://doi.org/10.4088/PCC.15m01806>

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PRATIQUES ET INTERVENTIONS

Pratiques cliniques

Cette section inclut des articles faisant état de pratiques spécifiques dans un contexte donné auprès des personnes réfugiées et en demande d'asile.

- Attardo, H. L., Bruhn, Maja, Skovdal, Morten, Audulv, Åsa, & Carlsson, J. (s.d.). Interprofessional collaboration across sectors for unemployed refugees with post-traumatic stress disorder in Denmark: a panacea to person-centered care? *Journal of Interprofessional Care*, 0(0), 1–9. <https://doi.org/10.1080/13561820.2025.2487886>
- Blomenkamp, M., Kiesel, A., Baumeister, H., Lehr, D., Unterrainer, J., Sander, L. B., & Spanhel, K. (2025). Assessing the Cultural Fit of a Digital Sleep Intervention for Refugees in Germany: Qualitative Study. *JMIR Formative Research*, 9(1), e65412. <https://doi.org/10.2196/65412>
- Chaudhari, A., Chaudhari, A., O'Frans, S., Jayasuriya, R., & Tay, A. K. (2025). Efficacy of integrated physical and psychological interventions on PTSD among forcibly displaced persons: a systematic review and meta-analysis. *Psychological Medicine*, 55, e109. <https://doi.org/10.1017/S0033291725000698>
- Gidron, Y., Levy, E., Ryder, C. H., Shaul, S., Sirota, R., & Atias, D. (2025). Vagal Nerve Biofeedback Intervention for Improving Health Outcomes Among Ukrainian Forced Migrants: A Proof-of-Concept Study. *International Journal of Environmental Research and Public Health*, 22(4), 515. <https://doi.org/10.3390/ijerph22040515>



Hong, J., Ruacho, H. C., Zeng, X., & Franklin, C. (2025). A Scoping Review of Family-Based Interventions for Immigrant/Refugee Children: Exploring Intergenerational Trauma. *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-025-01463-y>

Marshall, J., & Barrett, H. (2025). Prevention of, and response to, sexual and gender-based violence, for refugees who experience communication disability: Evidence from Rwanda. *International Journal of Speech-Language Pathology*, 0(0), 1-17. <https://doi.org/10.1080/17549507.2025.2484313>

Milev, S. T. (2025). A Commentary on "Art Therapy Interventions for Syrian Child and Adolescent Refugees: Enhancing Mental Well-being and Resilience". *Current Psychiatry Reports*. <https://doi.org/10.1007/s11920-025-01609-5>

Payton, C., Kvaratskhelia, N., Chalfin, M., Deffler, J., & Altshuler, M. (2025). Cervical, Breast, and Colorectal Cancer Screening Outcomes Among Refugees in Philadelphia, Pennsylvania. *Journal of Immigrant and Minority Health*, 27(3), 480-488. <https://doi.org/10.1007/s10903-025-01685-y>

Guides de pratique et outils de mesure

Cette section concerne les outils de dépistage, de diagnostic ou de traitement et des guides de pratique pour les personnes réfugiées et en demande d'asile.

Matthys, B., Monnier, N., Ngaradoudjaji, M., Toubangue, Y., Delcroix, P., Pereira, M., ... Montolnan, A. (2025). Development and implementation of a digital clinical decision support system to increase the quality of primary healthcare delivery in a refugee setting in Chad. *BMC Primary Care*, 26, 113. <https://doi.org/10.1186/s12875-025-02818-w>

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Compétences culturelles et psychiatrie/psychothérapie interculturelle

Cette section concerne les compétences des intervenant-e-s et les modalités de formation en matière d'approches interculturelles.

Schwegler, P. M., Neumann, T., Rosner, R., & Gossmann, K. (2025). Psychotherapists' Readiness to Treat Refugee Patients and the Influence of Professional Quality of Life: A Cross-Sectional Vignette Study. *Clinical Psychology & Psychotherapy*, 32(3), e70076. <https://doi.org/10.1002/cpp.70076>

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Pratiques de recherche

La recherche menée auprès des personnes réfugiées et en demande d'asile comporte certaines spécificités méthodologiques qui font parfois l'objet d'articles à part entière. On les retrouvera dans cette section.

DeClercq, J., Saad, B., Bazzi, C., Jovanovic, T., Javanbakht, A., & Grasser, L. R. (2025). Transcribed in the nervous system: Semantic elements of trauma narratives are associated with anxiety symptoms in youth resettled as refugees. *Journal of Traumatic Stress*, n/a(n/a). <https://doi.org/10.1002/jts.23148>



Kiely, B., Larkin, J., Mullan, K., Tuathail, M. ó, Coughlan, E., Marshall, D., ... O'Reilly, F. (2025). Prevalence of psychological distress detected by the PROTECT and PHQ4 questionnaires and subsequent mental health diagnosis. A cross sectional analysis of the outcomes of new arrival health assessments for refugees and asylum seekers in Ireland. *Journal of Migration and Health*, 11, 100317. <https://doi.org/10.1016/j.jimh.2025.100317>

Mohnani, K., Seery, P., Jayadel, H., Raghunanan, S., Pinto, A. M. C., Mathias, F., ... Foster, C. (2025). Mental health screening in unaccompanied asylum-seeking children: screening tool selection and feasibility in the UK National Health Service. *Primary Health Care Research & Development*, 26, e37. <https://doi.org/10.1017/S1463423624000586>

Nkodo, E. N. E., & Fadul, N. (2025). A trauma-informed care model for HIV prevention and care for refugee women in the United States: perspectives and implementation framework. *Frontiers in Medicine*, 12, 1537930. <https://doi.org/10.3389/fmed.2025.1537930>



Riutort, M., Costantini, S., & Toh, S. M. (2025). Developing a conceptual family needs framework for newcomer immigrants and refugees: A community-based participatory research approach. *International Health Trends and Perspectives*, 5(1), 42-63. <https://doi.org/10.32920/ihtp.v5i1.2286>

Sherif, B., Hocking, D. C., Asghari-Jafarabadi, M., Rees, S., & Sundram, S. (2025). Australian immigration detention health study protocol: a prospective, mixed-methods cohort study examining the physical and mental health of refugees and asylum seekers. <https://doi.org/10.1136/bmjopen-2024-096031>

Tanous, O., Hosny, N., & Joseph, S. (2025). Are We All Post Traumatic Yet? A Critical Narrative Review of Trauma Among Arab Refugees. *International Journal of Social Determinants of Health and Health Services*, 27551938251330735. <https://doi.org/10.1177/27551938251330735>

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ACCÈS ET UTILISATION DES SERVICES DE SANTÉ

Barrières et facilitateurs d'accès

On retrouvera ici tout ce qui concerne les barrières et facilitateurs d'accès aux soins de santé et aux services sociaux (langue, transport, couverture santé, discrimination, etc.).

Alsamman, S., Tadesse, R. T., Sarferaz, K., Mohamed, A. S., & Mody, S. K. (2025). Barriers to postpartum health and opinions on a postpartum peer navigator program amongst refugee women resettled in California. *BMC Pregnancy and Childbirth*, 25, 372. <https://doi.org/10.1186/s12884-025-07479-2>

Güney, S., Doğan, Ö. Ç., & Bağçivan, G. (2025). Cancer Care for Refugees in Türkiye: Challenges and Achievements. *Seminars in Oncology Nursing*, 151879. <https://doi.org/10.1016/j.soncn.2025.151879>

Kardas, P., Mogilevkina, I., Aksoy, N., Ágh, T., Garuoliene, K., Lomnytska, M., ... Khanyk, N. (2025). Barriers to healthcare access and continuity of care among Ukrainian war refugees in Europe: findings from the RefuHealthAccess study. *Frontiers in Public Health*, 13, 1516161. <https://doi.org/10.3389/fpubh.2025.1516161>

Moudi, Z., Mollashahi, S. S., Nouri, N., Zaboli, M., & Arabnezhad, L. (2025). Current Use and Barriers to Healthcare Service Utilization Among Afghan Women Refugees: A Mixed-Method Study.



Iranian Journal of Nursing and Midwifery Research, 30(2), 182-191.
https://doi.org/10.4103/ijnmr.ijnmr_175_23



Premkumar, D., & Roy, A. (2025). Identifying barriers and facilitators to screening for depression among newcomers: a survey study. *International Journal of Integrated Care*, 25(2).
<https://doi.org/10.5334/ijic.ICIC24421>

Rostami, R., Wells, R., Solaimani, J., Berle, D., Silove, D., Rosenbaum, S., & Steel, Z. (2025). Visa Status, Physical Activity and Mental Health Among Farsi/Dari Speaking Refugees, Immigrants and Asylum Seekers in Sydney, Australia. *Health Promotion Journal of Australia*, 36(2), e70032.
<https://doi.org/10.1002/hpia.70032>

Saad, A. H., Babiker, I. B., & Saad, S. H. (2025). Systemic barriers to rare disease management in conflict zones: insights from a refugee with sturge-weber syndrome in Sudan. *Journal of Health, Population, and Nutrition*, 44, 103. <https://doi.org/10.1186/s41043-025-00845-y>

Ullah, A. A. (2025). Ethical imperatives in migration health: Justice and care in forced migration contexts. *Developing World Bioethics*, n/a(n/a). <https://doi.org/10.1111/dewb.12482>

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Trajectoires de soins

Cette section fait référence aux trajectoires de services, à la capacité des personnes à naviguer dans le système de santé et aux conséquences de ne pas accéder à des soins.

de Montgomery, C. J., Rasmussen, A. F., Bergström, J., Taipale, H., Akhtar, A., Krasnik, A., ... Cullen, A. E. (2025). Refugee Migration Background and Healthcare Contacts Prior to First-Episode Psychosis in Young Adults in Denmark and Sweden: Are Patterns Consistent Across Countries? *Early Intervention in Psychiatry*, 19(4), e70039. <https://doi.org/10.1111/eip.70039>

AGENTS DE CHANGEMENT & SENSIBILISATION

Cette section porte sur les agents de changement qui sensibilisent les parties prenantes dans les soins et services aux personnes réfugiées et en demande d'asile. Elle porte également sur les leviers (outils, documents, interventions, etc.) utilisés, entre autres, afin de promouvoir leurs droits et déconstruire les préjugés. En anglais on parle souvent de venir en soutien à « l'empowerment » des personnes réfugiées ou en demande d'asile et « d'advocacy » ou plaidoyer.

Attardo, H. L., Bruhn, Maja, Skovdal, Morten, Audulv, Åsa, & and Carlsson, J. (2025). Interprofessional collaboration across sectors for unemployed refugees with post-traumatic stress disorder in Denmark: a panacea to person-centered care? *Journal of Interprofessional Care*, 0(0), 1-9.
<https://doi.org/10.1080/13561820.2025.2487886>



Binda, C., Al-Zeer, B., & Kapoor, V. (2025). Medical students' service-learning in the Refugee Health Initiative: A mixed-methods program description and evaluation. *BCMJ*, 67(3), 91-93. Repéré à <https://bcmj.org/mds-be/medical-students-service-learning-refugee-health-initiative-mixed-methods-program-description>



Engelman, A., & Izquierdo, A. (2025). Accessible services for deaf immigrants and refugees in the United States: Exploring the capacity of deaf-serving organizations. *Journal of Migration and Health*, 11, 100326. <https://doi.org/10.1016/j.jmh.2025.100326>

Teixeira-Santos, L. M., & de Abreu, W. J. C. P. (2025). Mental Health Nurses Leading the Way in the Training of Lay People Working With Young Asylum Seekers: The APT4U2 Program. *International Journal of Mental Health Nursing*, 34(2), e70030. <https://doi.org/10.1111/inm.70030>

RÉINSTALLATION ET INTÉGRATION

Cette section porte sur les enjeux de réinstallation des personnes réfugiées et de leur intégration dans la nouvelle société (facteurs socio-économiques, qualité de vie, participation sociale, acculturation, etc.).

Byrow, Y., Nickerson, A., Specker, P., Bryant, R., O'Donnell, M., McMahon, T., ... Liddell, B. (2024). The impact of age-related differences in emotion dysregulation on refugee mental health and social outcomes. *Journal of Traumatic Stress*, 37(6), 1035-1046. <https://doi.org/10.1002/jts.23088>

Correction to "The impact of age-related differences in emotion dysregulation on refugee mental health and social outcomes". (2025). *Journal of Traumatic Stress*, n/a(n/a). <https://doi.org/10.1002/jts.23171>

Klassen, C. L., Gonzalez, E., Rousseau, C., Hanley, J., Papazian-Zohrabian, G., & Ruiz-Casares, M. (2025). "Fox-like. One eye open, one eye closed": child supervision among Syrian refugee mothers in Canada. *Frontiers in Psychology*, 16, 1548646. <https://doi.org/10.3389/fpsyg.2025.1548646>

Zinaic, R., Correa, T., Etowa, E., Owolabi, R., Bhatt, Y., & Wong, J. P.-H. (2025). Exploring the impact of community gardens on mental health: a scoping review. *Wellbeing, Space and Society*, 8, 100263. <https://doi.org/10.1016/j.wss.2025.100263>

PANDÉMIE COVID-19

Cette dernière section fait état des travaux réalisés dans le contexte de la pandémie de COVID-19, relativement aux enjeux engendrés chez les personnes réfugiées et en demande d'asile.

Calia, C., El-Gayar, A., Zuntz, A.-C., Abdullateef, S., Almashhor, E., Grant, L., & Boden, L. (2025). The Relationship Between Food Insecurity and Mental Health Among Syrians and Syrian Refugees Working in Agriculture During COVID-19. *International Journal of Environmental Research and Public Health*, 22(4), 549. <https://doi.org/10.3390/ijerph22040549>

Fabi, R., Campagna, C. D., Aljabarrin, N., Olojakpoke, E., Alghazeer, N., Alamarie, S., ... Shaw, A. V. (2025). Resettled refugee parent and young adult perspectives on mental health after the onset of the COVID-19 pandemic. *Discover Mental Health*, 5(1), 53. <https://doi.org/10.1007/s44192-025-00182-w>

Hyman, I., Khan, A., & Effiong, I. (2025). Factors Impacting COVID-19 Vaccine Uptake and Confidence Among Immigrant and Refugee Populations in Canada. *International Journal of Environmental Research and Public Health*, 22(4), 493. <https://doi.org/10.3390/ijerph22040493>



Karki, K. K., Dhungel, R., & Marriette, N. (2025). Stigma, discrimination, and resilience: experiences of immigrants and refugees living with HIV amid the COVID-19 pandemic in Canada. *International Journal of Migration, Health and Social Care, ahead-of-print*(ahead-of-print). <https://doi.org/10.1108/IJMHS-09-2024-0100>

Shakhshir, L., & Hammoudeh, W. (2025). Responding to the covid-19 in west bank Palestine refugee camps: lessons and role of community engagement. *BMC Public Health, 25*(1), 1459. <https://doi.org/10.1186/s12889-025-22451-7>

Zheng, M., Slewa-Younan, S., Nguyen, T. P., Rioseco, P., Renzaho, A. M. N., & Chen, W. (2025). The long-term impact of COVID-19 on mental health and the moderation effect of sex and loneliness amongst resettled refugees: findings from BNLA cohort study. *The Lancet Regional Health: Western Pacific, 56*, 101516. <https://doi.org/10.1016/j.lanwpc.2025.101516>

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