



Veille scientifique

Veille scientifique sur le bien-être et l'état de santé physique des
personnes réfugiées et en demande d'asile

Avril 2026



Toutes les références sont déposées dans une **BIBLIOTHÈQUE ZOTERO**

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LÉGENDE



Production portant principalement sur le contexte canadien ou québécois



Littérature grise

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ÉTAT ET BESOINS DE SANTÉ

Déterminants de la santé

À la base de l'état de santé des personnes se trouvent les déterminants de la santé, tels que les habitudes de vie, les expériences de la petite enfance, le logement, l'emploi, la discrimination, etc. On trouvera dans cette section également les facteurs de risque et de protection, soit l'ensemble des éléments en amont des difficultés physiques et mentales.

Bu, X., Zheng, M., Renzaho, A. M. N., Nguyen, T. P., Slewa-Younan, S., Feng, S., Liang, X., & Chen, W. (2026). Mental health disparities by sex : Unravelling determinants and changes in the refugee resettlement process over a decade. *Epidemiology and Psychiatric Sciences*, 35, e23. <https://doi.org/10.1017/S2045796026100638>

de Oliveira, A. P., Loesch, R., Conceição, C., & Fronteira, I. (2026). Mental health as a non-communicable disease among refugees, asylum seekers, and beneficiaries of subsidiary protection: A scoping review. *Journal of Migration and Health*, 13, 100404. <https://doi.org/10.1016/j.jmh.2026.100404>

Kurt, G., Specker, P., Liddell, B., Keegan, D., Nandyatama, R., Yuanita, A., Rachmah, R. A., Hoffman, J., & Nickerson, A. (2026). Social disconnection and health among refugees in a low-resource setting : A longitudinal study. *Psychiatry Research*, 361, 117171. <https://doi.org/10.1016/j.psychres.2026.117171>

Lévesque, J. (2026, avril 20). *Personnes âgées d'immigration récente : Quels déterminants influencent la perception de leur santé?* INSPQ. Institut national de santé publique du Québec. <https://www.inspq.qc.ca/publications/3805>

Liebenberg, L., Simmonds, T., Eboreime, E., Johannesson, T. L., & Youth Researchers from Spaces and Places for Youth Well-being. (2026). A participatory action research qualitative thematic analysis of young men's perspectives on well-being and flourishing. *Discover Public Health*, 23(1), 548. <https://doi.org/10.1186/s12982-026-01739-y>

Nguyen, T. P., Rioseco, P., Terhaag, S., & Slewa-Younan, S. (2026). Self-rated health, socio-economic status and post-traumatic stress disorder among couples from refugee backgrounds: Findings from the building a new life in Australia study. *Cambridge Prisms: Global Mental Health*, 13, e73. <https://doi.org/10.1017/gmh.2026.10187>

Seguin, M., Cavagnoud, R., Gianella, C., Khomych, T., & Vibla, N. (2025). Stressors, mental health and coping amongst forcibly displaced youth since the advent of COVID-19 : A systematic review. *Developmental Child Welfare*, 7(4), 251-269. <https://doi.org/10.1177/25161032251388295>

Tamming, T., Hume, I., Said, G., & Albert, I. (2026). Link between housing and community factors and mental health and psychological well-being of refugee parents and children in high-income countries : A systematic review. *Global Public Health*, 21(1), 2649068. <https://doi.org/10.1080/17441692.2026.2649068>

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État de santé mentale

Cette section regroupe les articles qui traitent du bien-être et de l'état de santé mentale des personnes. Les articles sur les besoins psychologiques pourront être inclus ici également.

- Aria, Y. K., Mason-Jones, A., & Keding, A. (2026). Perinatal Mental Health Among Forced Migrant Women: A Scoping Review of Prevalence and Associated Factors. *International Journal of Public Health*, 71, 1608845. <https://doi.org/10.3389/ijph.2026.1608845>
- Das, J., Prima, M. M., Rimu, F. H., Hossain, P., Das, T., Nesa, F., Rahman, F., Islam, A. M. K., Mazumder, H., Tasnim, S., & Hossain, M. M. (2026). Mental Health and Wellbeing of Rohingya Refugees: A Scoping Review. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-026-02982-4>
- Długosz, P., & Yuzva, L. (2026). The prevalence of mental health disorders and stress coping strategies among forced migrants from Ukraine and Russia. *Scientific Reports*, 16(1), 11699. <https://doi.org/10.1038/s41598-026-47201-6>
- Firoozi, A. A., Yilmaz-Aslan, Y., & Brzoska, P. (2026). Mental Health and Posttraumatic Growth of Farsi-Speaking Refugees in Germany : A Cross-Sectional Study. *Disaster Medicine and Public Health Preparedness*, 20, e96. <https://doi.org/10.1017/dmp.2026.10363>
- Higiyo, A., Lutasingwa, D., Karamage, M.-A., Turatsinze, E., Mukashyaka, R., Kansime, D., Habimana, O., Uwigiciro, A., Iriza, E., Tuyishimire, N., Mulisa, F., Niyotwagira, E., Ochora, M., Waweru, D. G., Kagaba, A., & Favina, A. (2026). Mental health disorders, and associated factors among children aged 6–17 years living in Mahama refugee camp in Rwanda. *PLOS Mental Health*, 3(4), e0000568. <https://doi.org/10.1371/journal.pmen.0000568>
- Hoischen, A., Klein, J. P., Reinhardt, J., Hotak, F., Münchau, A., Klein, C., Glaesmer, H., Nesterko, Y., & Alvarez-Fischer, D. (2026). The unmet need for psychiatric and psychotherapeutic care for refugees – A local pilot survey in Lübeck Authors. *Psychiatrische Praxis*, 53(03), 123-132. <https://doi.org/10.1055/a-2812-6785>
- Majlander, S., Kinnunen, T. I., Lilja, E., Castaneda, A. E., Skogberg, N., & Koponen, P. (2026). Potentially traumatic experiences and mental health among asylum-seeking women of reproductive age : The significance of sexual violence and contextual risk factors. *Archives of Women's Mental Health*, 29(3), 66. <https://doi.org/10.1007/s00737-026-01697-z>
- Mohammed, F. E. A., Ahmed, M. J., Omer, E. O. H., Abbas, M. E. A., Abdelgyoum, H. A., Mahmoud, A. A. K., Abbas Mahadi, F. M., Ahmed, L. Z. H. M., Osman, O. A. A., Suliman, E. B. B. M., Ahmed, S. M. E. E., Osman Mohamed, R. A., Elobied, Z. K. M., Abdalla, A. M. I., Mohamed Osman Ahmed, A., Abdalla, M. S. M., Babiker, R. M., Elbasheir, L. Y. O., Ibrahim, A. E. H., ... Abdalrahman, D. I. (2025). War, displacement, and mental health: Striving for health equity among young refugees and IDPs in Sudan. *BMC Public Health*, 26(1), 331. <https://doi.org/10.1186/s12889-025-25790-7>

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PRATIQUES ET INTERVENTIONS

Pratiques cliniques

Cette section inclut des articles faisant état de pratiques spécifiques dans un contexte donné auprès des personnes réfugiées et en demande d'asile.

- Ahmadi, S. J., Musavi, Z., Farhat, M. W., Mehry, S., Mcavoy, D., Berzengi, A., Brown, A., Dainer-Best, J., & Jobson, L. (2026). Evaluation of the METRA + intervention on mental health and social functioning in Afghan refugee adolescents in Pakistan : A pilot study. *European Journal of Psychotraumatology*, 17(1), 2650894. <https://doi.org/10.1080/20008066.2026.2650894>
- Appiah, R. P., Mescouto, K., Karran, E. L., Aparnadas, A., Phuentsho, K., Cardozo, B., & Moseley, G. L. (2026). Beyond Symptom Reduction: A Qualitative Study of Refugees' Experiences of a Trauma-Informed Community-Based Pain Management Program. *European Journal of Pain*, 30(4), e70251. <https://doi.org/10.1002/ejp.70251>
- Kandasamy, S., Crea-Arsenio, M., Desai, D., de Souza, R. J., DiLiberto, D. D., Montague, P., Stennett, R., Anand, S. S., & Wahi, G. (2026). Community Engagement and Knowledge Mobilization in Health Promotion Research: Lessons From Co-Designing a Child-Focused Healthy Active Living Intervention With Newcomer Families in Hamilton, Ontario. *Health Promotion Practice*, 15248399261437136. <https://doi.org/10.1177/15248399261437136>
- Nickerson, A., Cloitre, M., Neuner, F., O'Donnell, M., Bryant, R. A., Liddell, B. J., Tissue, A., Murphy, S., Willoughby, C., Hoffman, J., Byrow, Y., Uppal, S., Mastrogiovanni, N., Peach, N., Funnell, S., Mai, V., Gurzeda, M., Im, J. J. Y., Al-Damook, G., ... Specker, P. (2026). Emotion regulation skills training as an adjunctive treatment to narrative exposure therapy for posttraumatic stress disorder (PTSD) in refugees : A pilot randomized controlled trial. *European Journal of Psychotraumatology*, 17(1), 2648941. <https://doi.org/10.1080/20008066.2026.2648941>
- Pekince, O., & Dogar, F. (2026). Missed opportunities for the screening of developmental dysplasia of the hip among Turkish and refugee infants: A retrospective cohort study. *Medicine*, 105(15), e48272. <https://doi.org/10.1097/MD.00000000000048272>
- Schreyer, B., Ertl, V., & Rosner, R. (2026). Systematic Review and Meta-Analysis : Psychological Interventions for Posttraumatic Stress Disorder in Internally Displaced and Refugee Youth. *Journal of the American Academy of Child & Adolescent Psychiatry*, 0(0). <https://doi.org/10.1016/j.jaac.2026.04.009>
- Tam, E., Mascarenhas, L., Mynard, A., & Temple-Smith, M. (2026). Qualitative evaluation of a social inclusion program for Karen and Karenni refugees in Victoria, Australia. *Australian Journal of Primary Health*, 32(3), PY25237. <https://doi.org/10.1071/PY25237>
- Vereshchakina, V., Marti-Castaner, M., Benedetti, G., Schöнемann, A.-M., Sorensen, J., & Norredam, M. (2026). Ukrainian refugees' experiences with the Danish healthcare system: A survey-based study. *Scandinavian Journal of Public Health*, 14034948261430255. <https://doi.org/10.1177/14034948261430255>
- Winer, J. P., Mulder, L. A., & Ellis, B. H. (2026). Trauma-Informed Psychosocial Intervention Implementation and Sustainment with Forcibly Displaced Communities. *Child and Adolescent Psychiatric Clinics of North America, Assessing and Treating Children and Adolescents Exposed to Trauma*, 35(2), 363-372. <https://doi.org/10.1016/j.chc.2025.11.013>





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Compétences culturelles et psychiatrie/psychothérapie interculturelle

Cette section concerne les compétences des intervenant-e-s et les modalités de formation en matière d'approches interculturelles.

Argo, A., Albano, G. D., Pulin, G., Ferorelli, D., Solarino, B., Midiri, M., Puntarello, M., Ferrero, L., Spina, C. L., Tullio, V., Calascibetta, G., Geraci, S., Malta, G., & Zerbo, S. (2026). The forensic evaluation of torture in asylum seekers: International literature comparison and inter-rater agreement analysis. *Legal Medicine*, 83, 102848. <https://doi.org/10.1016/j.legalmed.2026.102848>

Brown, B. H., Taylor, E., Rogers, L., Talboys, S., Gren, L., Onigbogi, O., Gallegos, A., Sheba, N. H., & Okuyemi, K. (2026). A Qualitative Analysis of the Experiences, Attitudes, Preparation, and Barriers of Primary Care Providers Related to Their Care for Patients With Refugee Backgrounds. *Journal of Primary Care & Community Health*, 17, 21501319261424335. <https://doi.org/10.1177/21501319261424335>



Matthews, E. J., Gelech, J. M., de Barros, A. C., Al-Ja'afreh, S. A., & Godwin, O. (2026). The Meaning of Childhood Disability Among Immigrant and Refugee Parents: Integrative Review and Lifeworld Approach. *The Family Journal*, 10664807261436780. <https://doi.org/10.1177/10664807261436780>

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Pratiques de recherche

La recherche menée auprès des personnes réfugiées et en demande d'asile comporte certaines spécificités méthodologiques qui font parfois l'objet d'articles à part entière. On les retrouvera dans cette section.



Argüelles Bullón, A., Clark, N., Huq, M., & Mukumbang, F. C. (2026). Bringing Together Linked Coding and Realist Thematic Analysis: A Worked Example for Initial [Programme] Theory Development. *International Journal of Qualitative Methods*, 25, 16094069261438488. <https://doi.org/10.1177/16094069261438488>



Isai, R. R., Monteiro, D. L. A., Vieira, L. A. C., Singh, A., Robinson, J., Paranhos, L. R., Cavalcanti, Y. W., & Faquim, J. P. da S. (s. d.). Strategies to promote oral health equity for immigrant populations in Canada and the USA : A scoping review protocol. *Frontiers in Oral Health*, 7, 1804288. <https://doi.org/10.3389/froh.2026.1804288>

Thapa, R., Pourmarzi, D., Cherian, S., Phillips, C., Kay, M., Pieper, I., Benn, R., Malunga, C., Volkman, T., Seale, H., Sudarto, B., Mukandi, B., & Boyle, J. (2026). Ethical Conduct of Research with Migrants and Refugees: A Systematic Qualitative Review of Ethics Guidelines. *Journal of Immigrant and Minority Health*. <https://doi.org/10.1007/s10903-026-01894-z>

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ACCÈS ET UTILISATION DES SERVICES DE SANTÉ

Barrières et facilitateurs d'accès

On retrouvera ici tout ce qui concerne les barrières et facilitateurs d'accès aux soins de santé et aux services sociaux (langue, transport, couverture santé, discrimination, etc.).

- Abu-Ba'are, G. R., Dakpui, H. D., Saaka, M. S., Wumpini, S. O., Gyamera, E., Guure, C., & Nelson, L. (2026). Stigma, privacy concerns, sexual behaviors, and testing history shape willingness to use HIV self-testing among African refugee men engaged in sex work in Italy – a mixed method study—BGSH-023. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-27095-9>
- Amanzai, H., Stafford, A., Wang, B. Q., Guruge, S., Catallo, C., Nishi, S., Walton, N., Borges, A., Sediq, M., & Joy, P. (2026). Bridging the Gap: Barriers to Access Autism Support for Immigrant and Refugee Communities in Canada and the United States. *Journal of Transcultural Nursing*, 10436596261441556. <https://doi.org/10.1177/10436596261441556>
- Atrooz, F., Acquati, C., Zamil, J., Sadeghi, S., Neshastehriz, M., Asadi, P., Ahmad, F., & Salim, S. (2026). A comparison of breast cancer screening beliefs and barriers among Afghan and Syrian refugee women. *Journal of Psychosocial Oncology*, 0(0), 1-19. <https://doi.org/10.1080/07347332.2026.2655268>
- Bertone, M. P., Palmer, N., Olabi, A., Bou-Orm, I., Rekani, H., Ould Moctar, H., Chuquimia, R., Chama-Chiliba, C. M., Ngoye, B., Memon, Z. A., Vera-Espinoza, M., Diaconu, K., Ager, A., & Witter, S. (s. d.). From Parallel Provision to Health System Integration: Exploring the Trajectory and Contextual Drivers of the Healthcare Response for Refugees in Six Low- and Middle-Income Countries. *The International Journal of Health Planning and Management*, n/a(n/a). <https://doi.org/10.1002/hpm.70071>
- Kassam, S., O'Mahony, J., & Marcellus, L. (s. d.). Facilitators and barriers to accessing mental health care services and social supports among perinatal refugee women : A qualitative systematic review. *JBIE Evidence Synthesis*, 10.1124/JBIES. <https://doi.org/10.1124/JBIES-25-00175>
- Lashwood, H., Toynbee, M., Hillier, B., & Tracy, D. (2025). Impact of the increased asylum seeker population on a UK mental health crisis service. *BJPsych International*, 22(3), 62-69. <https://doi.org/10.1192/bji.2025.6>
- Martí-Castañer, M., Vereshchakina, V., Spalletta, O., & Nørredam, M. (2026). "Your problem is still your problem": Gatekeeping, perceived exclusion, and Ukrainian refugees (dis)engagement with Danish general practice. *Social Science & Medicine*, 399, 119206. <https://doi.org/10.1016/j.socscimed.2026.119206>
- Metersky, K., Guruge, S., Al-Hamad, A., Wang, L., Yasin, Y. M., Yang, L., Zhuang, Z., Catallo, C., Amanzai, H., Kirkwood, M., Furdela, A., & Schastlyva, O. (2026). Navigating Transnational Healthcare: A Grounded Theory Approach to Understanding Ukrainian Older Adult Refugees in Toronto. *Journal of International Migration and Integration*. <https://doi.org/10.1007/s12134-026-01387-w>



Ngo, J. A., Semlow, A., Reed, N., Adedeji, O., Krishnan, G., & Rashdan, S. (2026). HSR26-215 : Incomplete Tobacco Use Documentation Limits Lung Cancer Screening Eligibility Among Refugee Patients. *Journal of the National Comprehensive Cancer Network*, 24(3.5).
<https://doi.org/10.6004/jnccn.2025.7362>

Ouahchi, A., Maatoug, T., Seedat, F., Pampiri, L., Mtraoui, A., Mansour, W., Khelifi, A., Douagi, M., Requena-Méndez, A., Assarag, B., Evangelidou, S., & Zenner, D. (2026). Maternal outcomes and access to maternal healthcare services among migrant, refugees and forced displaced women in the Middle East and North Africa: A systematic scoping review. *International Journal of Nursing Studies Advances*, 10, 100533. <https://doi.org/10.1016/j.ijnsa.2026.100533>

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Trajectoires de soins

Cette section fait référence aux trajectoires de services, à la capacité des personnes à naviguer dans le système de santé et aux conséquences de ne pas accéder à des soins.

Cinardo, P., Farrant, O., Harris, P., Gunn, K., Chaoilte, A. N., Chowdhury, H., Ward, A., Eisen, S., & Longley, N. (2026). 'Respond'—A novel approach to healthcare delivery for people seeking asylum. *PLOS Global Public Health*, 6(4), e0005006. <https://doi.org/10.1371/journal.pgph.0005006>

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AGENTS DE CHANGEMENT & SENSIBILISATION

Cette section porte sur les agents de changement qui sensibilisent les parties prenantes dans les soins et services aux personnes réfugiées et en demande d'asile. Elle porte également sur les leviers (outils, documents, interventions, etc.) utilisés, entre autres, afin de promouvoir leurs droits et déconstruire les préjugés. En anglais on parle souvent de venir en soutien à « l'empowerment » des personnes réfugiées ou en demande d'asile et « d'advocacy » ou plaidoyer.



Pigeon-Gagné, É., Hanley, J., Bourgeois-Guérin, É., & Boudreault, P. (2026). B/ordering and healthcare access for migrants with precarious status: The role of healthcare workers in counteracting restrictive policies. *American Journal of Community Psychology*, n/a(n/a).
<https://doi.org/10.1002/ajcp.70069>

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RÉINSTALLATION ET INTÉGRATION

Cette section porte sur les enjeux de réinstallation des personnes réfugiées et de leur intégration dans la nouvelle société (facteurs socio-économiques, qualité de vie, participation sociale, acculturation, etc.).



Badarneh, N., & Koole, M. (2026). Untangling the Nuances and Networks of Mobile-GenAI English Learning: A study of Arab Immigrant and Refugee Women in Canada. *Proceedings of the International Conference on Networked Learning*, 15. <https://doi.org/10.54337/nlc.v15.10892>



Gagné Petteni, M., Edwards, B., Poon, B., Janus, M., Guhn, M., Goossen, R., Santana Ortiz, S., & Gadermann, A. (2026). Understanding the early development and well-being of children from refugee backgrounds in kindergarten from the perspective of teachers and settlement workers: A population-level, mixed methods study. *Early Childhood Research Quarterly*, 76, 430-444. <https://doi.org/10.1016/j.ecresq.2026.04.007>

Goßner, L., Jaschke, P., & Kosyakova, Y. (2026). The effect of health on refugees' labor market integration : Evidence from a natural experiment in Germany. *PLOS ONE*, 21(4), e0346936. <https://doi.org/10.1371/journal.pone.0346936>

Hainmueller, J., Marbach, M., Hangartner, D., Harder, N., & Vallizadeh, E. (2026). Refugee labor market integration at scale: Evidence from Germany's fast-track employment program. *Proceedings of the National Academy of Sciences*, 123(14), e2513863123. <https://doi.org/10.1073/pnas.2513863123>



Haugen, S., McNally, R., & Hallstrom, L. (2026). Supporting Refugees in Rural Canada: Exploring the Strengths and Weaknesses of Settlement Service Models in Smaller Communities. *Refuge: Canada's Journal on Refugees*, 41(1), 1-19. <https://doi.org/10.25071/1920-7336.41793>

Sima, Y. T., Strømme, E. M., Lunde, A., & Diaz, E. (2026). Does health early at arrival predict later integration among refugees? A cohort study of Syrians in Norway. *International Journal for Equity in Health*, 25(1), 91. <https://doi.org/10.1186/s12939-026-02837-8>

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POLITIQUES, STATUTS ET LÉGISLATION

Cette section porte sur les aspects politiques et légaux de l'accueil des personnes réfugiées et en demande d'asile.

El Amouri, I. (s. d.). The psychosocial toll of Dublin III on asylum seekers in the Netherlands. *American Journal of Community Psychology*, n/a(n/a). <https://doi.org/10.1002/ajcp.70066>

Kistnareddy, A. O. (2026). Recurrent spectres: Children on the move between Calais and the UK. *Children's Geographies*, 0(0), 1-14. <https://doi.org/10.1080/14733285.2026.2659335>

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PANDÉMIE COVID-19

Cette section fait état des travaux réalisés dans le contexte de la pandémie de COVID-19, relativement aux enjeux rencontrés par les personnes réfugiées et en demande d'asile.

Karmacharya, B. M., Joshi, A., Marasini, S., Rai, P., Sharma, S., Kunwar, S., Kampalath, V. N., Czapka, E. A., Benavente, P., Zan, M. L., Tran, N. T., Hosseinalipour, S. M., & Blanchet, K. (2025). Deployment of COVID-19 Vaccines for Refugees and Migrants in Nepal. Kathmandu University Medical Journal, 23(90), 172-181.

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AUTRES

Halder, C. E., Hasan, M. A., Okello, J. C., Zaman, S. S. U., Poly, J. T., Tassdik, H., Barasa, D. W., Soma, E. R., Hussain, M. F., Prue, U. M., Khandokar, S. M., Almedia, J. P., & Alam, J. (2026). Economic impact of a large-scale scabies upsurge on healthcare facilities in Rohingya refugee camps: A retrospective costing study. PLOS Global Public Health, 6(4), e0005772.
<https://doi.org/10.1371/journal.pgph.0005772>

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ABONNEZ-VOUS À LA VEILLE
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