



Veille scientifique

Veille scientifique sur le bien-être et l'état de santé physique des
personnes réfugiées et en demande d'asile

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Toutes les références sont déposées dans une **BIBLIOTHÈQUE ZOTERO**

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LÉGENDE



Production portant principalement sur le contexte canadien ou québécois



Littérature grise

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ÉTAT ET BESOINS DE SANTÉ

Déterminants de la santé

À la base de l'état de santé des personnes se trouvent les déterminants de la santé, tels que les habitudes de vie, les expériences de la petite enfance, le logement, l'emploi, la discrimination, etc. On trouvera dans cette section également les facteurs de risque et de protection, soit l'ensemble des éléments en amont des difficultés physiques et mentales.

Esala, J. J., Lawrence, S., Price, C. J., Vanderminden, J., Gehrz, B. B., Drummond, S., & Fonkoue, I. T. (2026). Holistic approaches to trauma rehabilitation for forced migrants: assessing sleep as an associated factor for mental health, pain, and cardiovascular health. *Journal of Migration and Health*, 13, 100418. <https://doi.org/10.1016/j.jmh.2026.100418>

Esin, K., & Ayyıldız, F. (2026). Silent struggles: food insecurity and mental health among Syrian refugees in Türkiye. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-28049-x>

Khan, J. A., Edwards, J., Le, B., Lizotte, D., & Anderson, K. K. (2026). Sex-specific drivers of non-affective psychotic disorders within migrant groups: A 25-year retrospective cohort study of 2 million migrants. *Social Psychiatry and Psychiatric Epidemiology*. <https://doi.org/10.1007/s00127-026-03152-x>

Miao, Q., Dunn, S. I., Wen, S. W., Loughheed, J., Griffiths, R., Venegas, C. L., ... Walker, M. (2026). Maternal Immigrant Status and Mortality in Children With Congenital Heart Disease: A Population-Based Cohort Study. *Birth Defects Research*, 118(6), e70056. <https://doi.org/10.1002/bdr2.70056>

Szkup, M., Kotwas, A., Erjavec, K., Krsnik, S., Fedortsiv, O., Burbela, E., ... Karakiewicz, B. (2026). Between trauma and resilience - an ecological model of the determinants of mental health among Ukrainian war refugees in Europe: a cross-sectional study. *Conflict and Health*. <https://doi.org/10.1186/s13031-026-00812-2>

Venta, A., Cuervo, M., Frederick, R., & Mercado, A. (2026). Probing Relations of Attachment with PTSD in Latinx Asylum-Seeking Youth Released from Federal Custody. *Journal of Clinical Child & Adolescent Psychology*, 0(0), 1-6. <https://doi.org/10.1080/15374416.2026.2677144>

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État de santé physique

Cette section aborde différentes conditions de santé physique, incluant les maladies infectieuses et non infectieuses (comme les maladies chroniques), ainsi que les handicaps physiques.

Said, N., Farhat, N., El Safadi, D., & Khalife, S. (2026). Seroprevalence and risk factors of Hepatitis A virus among Palestinian refugees in North Lebanon: A pilot study to inform vaccination and public health policy. *New Microbes and New Infections*, 72, 101784. <https://doi.org/10.1016/j.nmni.2026.101784>



Sherally, J., Benson, A., Chen, C., Alshamari, Z., Bari, L. B., Beshir, E., ... Akker, T. van den. (2026). Sexual and reproductive health needs of refugee women on Lesbos, Greece: a participatory cross-sectional study. *BMJ Global Health*, 11(6). <https://doi.org/10.1136/bmjgh-2025-019240>

Verma, R., Bhardwaj, V., Fotedar, S., Thakur, A. S., & Thakur, A. (2026). Assessment of Oral Health Status and Treatment Needs among Elderly Tibetan Refugee Population in Shimla City: A Cross-sectional Study. *Indian Journal of Public Health*, 70(2), 130. https://doi.org/10.4103/ijph.ijph.495_24

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État de santé mentale

Cette section regroupe les articles qui traitent du bien-être et de l'état de santé mentale des personnes. Les articles sur les besoins psychologiques pourront être inclus ici également.

Ahmed, MD. F., Ravi, R. K., Barman, M., & Barnes, A. M. (2026). Neglected in Exile: The Unfolding Mental Health Crisis Among Rohingya Refugees. *International Journal of Social Psychiatry*, 00207640261459257. <https://doi.org/10.1177/00207640261459257>

Długosz, P., & Yuzva, L. (2026). Correction: The prevalence of mental health disorders and stress coping strategies among forced migrants from Ukraine and Russia. *Scientific Reports*, 16(1), 18176. <https://doi.org/10.1038/s41598-026-57365-w>

Dumser, B., Danböck, S. K., Ehring, T., Werner, G. G., & Koch, T. (2026). Insomnia, nightmares, and fear of sleep in trauma-affected treatment-seeking refugees and asylum seekers: Latent profiles and differences in psychopathology and postmigration living difficulties. *Psychological Trauma: Theory, Research, Practice, and Policy*. <https://doi.org/10.1037/tra0002186>

Mercado, A., Torres, A., Banda, F., Venta, A., Garcini, L., Vázquez, A. L., ... Moreno, O. (2026). Trends in trauma: Increasing rates of sexual and domestic violence among female Latin American asylum seekers. *Cambridge Prisms: Global Mental Health*, 13, e103. <https://doi.org/10.1017/gmh.2026.10212>

Ponzel, N., Gefaell-Larrondo, I., Ilkov, O., Blumfelds, J., Adler, L., Latorre, A. A., ... Harris, M. (2026). What is the prevalence of depression and anxiety in externally and internally displaced Ukrainian refugees? A European mixed-methods study. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-27853-9>

Yeo, H., Nam, H., Lee, Y. J., & Kim, S. J. (2026). Association between PTSD symptoms and sigma power during stage 2 sleep in North Korean refugees with traumatic experience. *Acta Psychologica*, 267, 107162. <https://doi.org/10.1016/j.actpsy.2026.107162>

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PRATIQUES ET INTERVENTIONS

Pratiques cliniques

Cette section inclut des articles faisant état de pratiques spécifiques dans un contexte donné auprès des personnes réfugiées et en demande d'asile.

- Al-Fakih, A., Alzoubi, A., Alrawashdeh, A., Alsulaiman, J. W., Ba-shammakh, S. A., Khasawneh, A., ... Kheirallah, K. A. (2026). Healing Beyond Words: A Randomized Controlled Trial of Sandplay and Art Therapies for PTSD Among Syrian Refugee Children in Jordan. *International Journal of Pediatrics*, 2026(1), 7636252. <https://doi.org/10.1155/ijpe/7636252>
- Alnajjar, Y., Badea, C., & Bender, M. (2026). Managing acculturation threats with tailored self-affirmation interventions: A mixed-methods study with Syrian forced migrants. *British Journal of Social Psychology*, 65(3), e70103. <https://doi.org/10.1111/bjso.70103>
- Burchert, S., Alkneme, M. S., Alsaod, A., Carswell, K., Cuijpers, P., de Graaff, A. M., ... on behalf of the STRENGTHS Consortium. (2026). A self-guided digital mental health intervention for Syrian refugees in Germany and Sweden: effects from two pragmatic randomized controlled trials. *BMC Psychiatry*, 26(1), 443. <https://doi.org/10.1186/s12888-026-08241-4>
- Hoffman, S. J., Fredkove, W. M., Voller, V., Broderick, P., Moo, H., Davis, A., & Gewirtz, A. H. (2026). Participatory cultural adaptation of a multigenerational mindfulness-based program for war-exposed families with refugee status. *Global Health Promotion*, 17579759261443506. <https://doi.org/10.1177/17579759261443506>
- Müller, M. K., Schulz, F., Jogho, G., Steffens, S., Vach, K., Baradee, A. A., ... Hillebrecht, A.-L. (2026). A Multilingual Digital Microlearning Intervention for Oral Health in Refugee Shelters: Randomized Controlled Trial. *Journal of Medical Internet Research*, 28(1), e95562. <https://doi.org/10.2196/95562>
- Namisango, E., Aduro, A., Goodman, W., Burke, S., Ryabonye, R., Mutaasa, N., ... Allsop, M. (2026). Feasibility and Acceptability of mPalCare, a Digital Health Intervention for People Living With Advanced Cancer in a Refugee Settlement in Uganda: Mixed Methods Study. *JMIR mHealth and uHealth*, 14(1), e73483. <https://doi.org/10.2196/73483>
- Psychouli, P., Louta, I., Christodoulou, C., Andreou, E., Louka, M., & Panagiotou, E. (2026). Occupation-Centered Interventions to Enhance Participation in Everyday Activities for Refugee Children: A Systematic Review. *The American Journal of Occupational Therapy*, 80(4), 8004205030. <https://doi.org/10.5014/ajot.2026.051469>
- Velu, M. E., de Roos, C., van der Aa, N., Jongedijk, R., Lindauer, R., & Mooren, T. (2026). Trauma-focused treatments for refugee children and adolescents with PTSD: a three-arm randomized controlled trial comparing the efficacy of EMDR and KIDNET versus a waitlist control group (the KIEM study). *Child and Adolescent Psychiatry and Mental Health*. <https://doi.org/10.1186/s13034-026-01118-0>
- Williamson, A., Sudbury, E., Khanal, R., Woon, J., Schaefer, J., & Paxton, G. (s.d.). Health Screening and Post-Arrival Services for Refugee Children From Afghanistan. *Journal of Paediatrics and Child Health*, n/a(n/a). <https://doi.org/10.1111/jpc.70442>

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Compétences culturelles et psychiatrie/psychothérapie interculturelle

Cette section concerne les compétences des intervenant·e·s et les modalités de formation en matière d'approches interculturelles.



- Alsefaou, A., & Neiterman, E. (2026). Childbirth experiences of Arab immigrant and refugee women in Ontario: Exploring communication dynamics in healthcare provision. *Sexual & Reproductive Healthcare*, 48, 101238. <https://doi.org/10.1016/j.srhc.2026.101238>
- Corbit, J., MacIntosh, T., & Muhammad, S. (2026). The Impact of Intergroup Collaboration on In-Group Bias Between Rohingya Refugee and Bangladeshi Host Community Children. *Developmental Science*, 29(4), e70236. <https://doi.org/10.1111/desc.70236>
- Muqoddam, F., Bawono, Y., & Johansyah, O. I. (2026). Integrating trauma-informed and culturally grounded perspectives into refugee cancer prevention. *Journal of Cancer Policy*, 49, 100758. <https://doi.org/10.1016/j.jcipo.2026.100758>

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Pratiques de recherche

La recherche menée auprès des personnes réfugiées et en demande d'asile comporte certaines spécificités méthodologiques qui font parfois l'objet d'articles à part entière. On les retrouvera dans cette section.

- Duke, A. E. E., Harri, B. I., Crider, R., Liebenberg, L., Orji, R., & Eboreime, E. (2026). PROTOCOL: Life Skills Education and Psychosocial Interventions for Anxiety and Depression in Forcibly Displaced Persons in LMICs: A Systematic Review. *Campbell Systematic Reviews*, 22(2), 18911803261442234. <https://doi.org/10.1177/18911803261442234>
- Tonsing, K. N. (2026). Psychometric Evaluation of the HSCL-10 Burmese Version as a Screening Tool for Anxiety and Depressive Symptoms among Adult Burmese Refugees. *Journal of Evidence-Based Social Work*, 0(0), 1-14. <https://doi.org/10.1080/26408066.2026.2682547>

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ACCÈS ET UTILISATION DES SERVICES DE SANTÉ

Barrières et facilitateurs d'accès

On retrouvera ici tout ce qui concerne les barrières et facilitateurs d'accès aux soins de santé et aux services sociaux (langue, transport, couverture santé, discrimination, etc.).

Aljadeeah, S., Payedimarri, A. B., Dochez, C., Kielmann, K., Wirtz, V. J., Hargreaves, S., & Ravinetto, R. (2026). Access to Vaccines Among Asylum Seekers, Refugees, and Undocumented Migrants Across the Migratory Cycle in the European Union, European Economic Area, Switzerland and the United Kingdom: A Scoping Review. *Vaccines*, 14(6).
<https://doi.org/10.3390/vaccines14060551>

Anwar, M., & Taylor, D. (2026). Healthcare Access Experiences of Syrian Refugees in Aotearoa New Zealand: A Qualitative Focus Group Study. *Journal of Immigrant and Minority Health*.
<https://doi.org/10.1007/s10903-026-01915-x>



Chhokar, J. K., & Antonipillai, V. (2026). Prescription Medication Access Among Immigrant and Refugee Populations in Canada: A Scoping Review. *Journal of Immigrant and Minority Health*.
<https://doi.org/10.1007/s10903-026-01939-3>

Meer, T., Müller, A., Kern, M., Biomndo, B., Demirpehlivan, Y., Barghouth, M. H., & Theuring, S. (2026). Barriers to abortion care for recently arrived migrants in Germany. *Journal of Migration and Health*, 13, 100417. <https://doi.org/10.1016/j.jmh.2026.100417>

Phan, P., Blum, A. J., Juma, O., Manyama, F., Ngude, H., Price, M. D., ... Enumah, Z. O. (2026). Application of the Three Delays Framework to Assess Barriers to Surgical Care in an East African Refugee Camp: A Cross-sectional Survey Among 1,135 Adults. *Journal of Surgical Research*, 325, 424-434.
<https://doi.org/10.1016/j.jss.2026.05.068>



Rodrigues, D. (2026). Maternal Healthcare Access and Service Utilization Barriers for Resettled Refugee Women in Canada. *Global Health: Annual Review*, 1(10), 29-36. Repéré à
<https://journals.mcmaster.ca/ghar/article/view/3920>

Yeo, S., Kim, S., Kim, G., Bhandari, P., & Dawson, A. (2026). Country-level determinants of healthcare access for refugee populations in a host country: a comparative case study. *International Journal for Equity in Health*. <https://doi.org/10.1186/s12939-026-02915-x>

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Trajectoires de soins

Cette section fait référence aux trajectoires de services, à la capacité des personnes à naviguer dans le système de santé et aux conséquences de ne pas accéder à des soins.



McGill, A., Salehi, V., Somayaji, C., McDonald, J. T., Barker, K., & Nguyen, D. (2026). Healthcare utilization patterns to inform health system design. *Human Factors in Healthcare*, 9, 100143.
<https://doi.org/10.1016/j.hfh.2026.100143>

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Interprétation

Les barrières linguistiques représentent un enjeu majeur dans l'accès aux services de santé et sociaux pour les personnes réfugiées et en demande d'asile. Cette section traite des difficultés d'accès à un-e interprète et liées au travail avec un-e interprète.

Bothe, S. K., Nielsen, T. R., Nordin, L., Palic, S., & Thøgersen, M. H. (2025, Mai). Feasibility of an interpreter-mediated neuropsychological test battery for trauma-affected refugees. *European Journal of Psychotraumatology*, 16(1), 2504841. <https://doi.org/10.1080/20008066.2025.2504841>

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AGENTS DE CHANGEMENT & SENSIBILISATION

Cette section porte sur les agents de changement qui sensibilisent les parties prenantes dans les soins et services aux personnes réfugiées et en demande d'asile. Elle porte également sur les leviers (outils, documents, interventions, etc.) utilisés, entre autres, afin de promouvoir leurs droits et déconstruire les préjugés. En anglais on parle souvent de venir en soutien à « l'empowerment » des personnes réfugiées ou en demande d'asile et « d'advocacy » ou plaidoyer.

Brooks, M. A., Dasgupta, A., Taşgın, N. Ş., Yüksek, D., Tekin, U., Meinhart, M., ... El-Bassel, N. (2026). Vicarious Posttraumatic Growth among Refugee Service Providers in Istanbul, Turkey. *Transcultural Psychiatry*, 13634615261459410. <https://doi.org/10.1177/13634615261459410>

Firth, A., Haith-Cooper, M., Hart, A., & Dickerson, J. (2026). Balancing compassion amid constraints: A qualitative study of how system-level conditions shape midwives' wellbeing when supporting asylum-seeking and refugee women's mental health. *Midwifery*, 161, 104898. <https://doi.org/10.1016/j.midw.2026.104898>

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RÉINSTALLATION ET INTÉGRATION

Cette section porte sur les enjeux de réinstallation des personnes réfugiées et de leur intégration dans la nouvelle société (facteurs socio-économiques, qualité de vie, participation sociale, acculturation, etc.).



Al-Hamad, A. (2026). Gendered priorities, peace, and protection in private and homestay hosting for displaced and refugee women in Canada. *Global Health Research and Policy*, 11(1), 71-73. <https://doi.org/10.1016/j.ghrp.2026.05.003>

Alnajjar, Y., Badea, C., & Bender, M. (2026). Managing acculturation threats with tailored self-affirmation interventions: A mixed-methods study with Syrian forced migrants. *British Journal of Social Psychology*, 65(3), e70103. <https://doi.org/10.1111/bjso.70103>



Bråhn, C., Söderlind, N., Zhai, H., Lindbom, I., Andersson, J., & Korhonen, L. (2026). Exposure to violence in public places among youths with a refugee background and their Swedish-born peers. *Scientific Reports*, 16(1), 17529. <https://doi.org/10.1038/s41598-026-56584-5>



Jasemi, A., Gottardo, A., & Schwieter, J. W. (2026). Acculturation and English proficiency among adult newcomer immigrant ESL learners in Canada across language instruction methods. *International Journal of Bilingualism*, 30(3), 885-902. <https://doi.org/10.1177/13670069251357191>



Karki, K. K., Khatiwada, K., Moasun, F. Y., & Shrestha, A. (2026). Struggles and resilience: resettlement experiences of Nepali-speaking Bhutanese community in Canada. *International Journal of Migration and Border Studies*, 9(1), 1-20. <https://doi.org/10.1504/IJMB.2026.154287>

Kierkegaard, P. (2026). A time-to-practice metric for refugee clinician integration in receiving health systems: England as a worked example. *Human Resources for Health*, 24(1), 29. <https://doi.org/10.1186/s12960-026-01082-y>

Lardier, D. T., Greene, R. N., Thomas, R. J., Soller, B., Blackwell, M., & Goodkind, J. R. (s.d.). Refugee social network growth post-resettlement: Impact of a learning, advocacy, and social support intervention. *American Journal of Community Psychology*, n/a(n/a). <https://doi.org/10.1002/ajcp.70081>

Rashid, L., Bowes, L., Halligan, S. L., & Creswell, C. (2026). How Can Refugee Parents Be Supported to Help Their Young Children with Mental Health Needs? Parents' and Stakeholders' Perspectives. *Child Psychiatry & Human Development*. <https://doi.org/10.1007/s10578-026-02045-z>

Thapa, K., R. Iyer, A., A. Cruz-Gonzalez, M., & Saadi, A. (2026). Mechanisms Linking Bonding and Bridging Social Capital and Self-Rated Health Among U.S. Refugees: A Structural Equation Modeling Approach. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-026-03052-5>

Tomren, J. F., & Opaas, M. (2026). 'Today, I'll manage, but not all days!' Adult refugees' meaning-making of learning and coping with trauma and other emotional distress while in language training programmes. *European Journal of Psychotraumatology*, 17(1), 2677304. <https://doi.org/10.1080/20008066.2026.2677304>

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POLITIQUES, STATUTS ET LÉGISLATION

Cette section porte sur les aspects politiques et légaux de l'accueil des personnes réfugiées et en demande d'asile.

Briddick, C. (2026). 'He doubted strongly whether there would be any cases of persecution on grounds of sex': Women, Discrimination, and the Refugee Convention at 75. *International Journal of Refugee Law*, eeag019. <https://doi.org/10.1093/ijrl/eeag019>

Dijkzeul, D., Dempf, S., Göker, S., & Funke, C. (2026). Implementing the Inter-agency Standing Committee Guidelines on Inclusion of Persons with Disabilities in Humanitarian Action: A Scoping Review. *Journal of International Humanitarian Action*, 11(1), 12. <https://doi.org/10.1186/s41018-026-00190-7>



Parvez, K. M. (2026). The Rohingya crisis and geopolitical tensions driving the failure of humanitarian governance and legal accountability among refugees in Bangladesh. *Geopsychiatry*, 3, 100091. <https://doi.org/10.1016/j.geopsy.2026.100091>

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PANDÉMIE COVID-19

Cette section fait état des travaux réalisés dans le contexte de la pandémie de COVID-19, relativement aux enjeux rencontrés par les personnes réfugiées et en demande d'asile.



Fabreau, G. E., Norrie, E., Holdbrook, L., Antonio, M., Essar, M. Y., Youssef, M., ... Pottie, K. (2026). A community-engaged public health research and outreach program for immigrant and racialized workers in meat processing during the COVID-19 pandemic. *BMC Public Health*. <https://doi.org/10.1186/s12889-026-28210-6>

Joseph, O., Yahya, N. A., Butt, L., Khan, A., Khan, S., O'Hara, J. K., ... Louch, G. (2026). How Did Women From South Asian Backgrounds and People Seeking Asylum and Refugees Look After Their Health and the Health of Others During the COVID-19 Pandemic? A Community Research Approach. *Health Expectations*, 29(3), e70717. <https://doi.org/10.1111/hex.70717>

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MIGRATIONS CLIMATIQUES

Logie, C. H., Sivan, O., Leggett, R., Okumu, M., Loutet, M., MacKenzie, F., ... Narasimhan, M. (2026). Psychosocial stressors related to extreme weather events and multiple resource insecurities: qualitative insights from refugee youth in an Ugandan humanitarian setting. *SSM - Mental Health*, 9, 100579. <https://doi.org/10.1016/j.ssmmh.2025.100579>



World Health Organization. (2026a, 11 juin). Global research prioritization and action plan on health, migration and displacement in the context of climate change: strengthening research and translating research priorities into policy and practice. WHO. Repéré à <https://www.who.int/publications/i/item/9789240119406>



World Health Organization. (2026b, 11 juin). Regional research agenda on health, migration and displacement in the WHO Western Pacific Region, with a focus on climate change: translating research priorities into policy and practice. WHO. Repéré à <https://www.who.int/publications/i/item/9789240119482>

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AUTRES



Holloway, K., Joshi, P., Nadkarni, S. C., Khandelwal, A., Singh, J., Dhaliwal, M., & Raffinan, L. (2026). Identifying Strategies to Address Systemic Barriers to Blood Donation for South Asian Communities in Ontario: A Community-Based Approach. *Healthcare*, 14(11). <https://doi.org/10.3390/healthcare14111462>



Ungar, M., Kuru, N., & Tashkinova, O. (2026). Children and Families' Experiences with Document Portability, Security and Verification During Forced Migration. *Refuge: Canada's Journal on Refugees*, 41(2), 1-18. <https://doi.org/10.25071/1920-7336.41796>

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